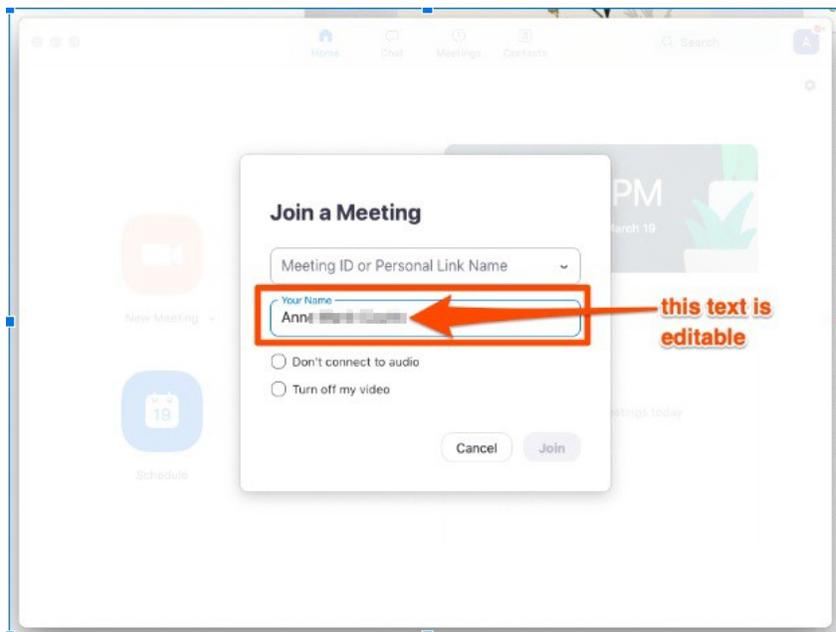




## Personal Anonymity in an Online Zoom Meeting

### How to Maintain Anonymity in an Online Zoom Meeting

When you join a Zoom meeting, you will see a screen "Join a Meeting." and a box with your name in it. You can change your name in the box before joining a meeting so that you maintain anonymity.

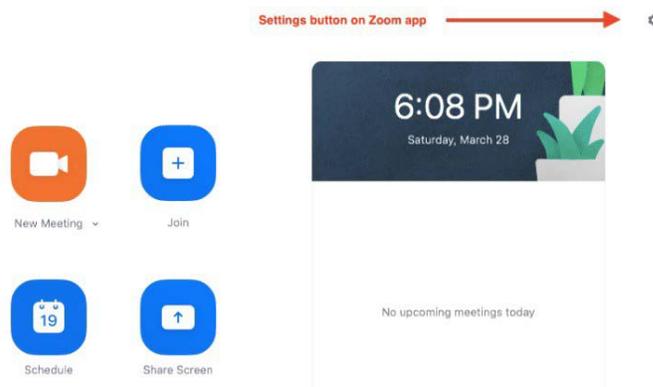


### Before joining a meeting, consider these other options:

- If you're concerned about your house showing in the background, sit with your back facing a wall.
- You can dial in from your phone so that only your phone number appears and no video appears.
- Use headphones if you don't want others in your household to hear.

**During a meeting:**

- You can temporarily turn off your camera and turn it back on if needed by clicking or tapping the Stop Video button in the toolbar.
- If you're concerned about being seen on camera at all, you can always disable your video in the Zoom Settings.
  - Open your Zoom app on your desktop.
  - Click on Settings.
  - On the Audio tab, click the checkbox 'Always mute the microphone when joining a meeting' at the bottom of the screen.
  - On the Video tab, click the checkbox ' Always turn off video when joining meeting' at the bottom of the page under the Meetings heading.



*After clicking on the Settings icon (the little gear), you will see the Settings screen where you can change the Audio and Video settings.*

